2030 Letters

cancer risk. Further work along the lines proposed by Hsieh and colleagues [1] should be undertaken.

- 1. Hsieh C-c, Chan H-w, Lambe M, et al. Does age at last birth affect breast cancer risk? Eur J Cancer 1996, 32A, 118-121.
- Kalache A, Maguire A, Thompson SG. Age at last full-term pregnancy and risk of breast cancer. Lancet 1993, 341, 32-35.
- Maguire A, Porta M, Piñol JL, Kalache A. Re: "Reproductive factors and breast cancer" (Letter). Am J Epidemiol 1994, 140, 658-659.
- Maguire A, Kalache A. Risk factors for breast cancer in Brazil (Letter). Int J Epidemiol, 1996, 25, 455–456.
- MacMahon B, Cole P, Lin M, et al. Age at first birth and breast cancer risk. Bull WHO 1970, 43, 209-221.
- Kvåle G, Heuch I. A prospective study of reproductive risk factors and breast cancer. II. Age at first and last birth. Am J Epidemiol 1987, 126, 842–850.
- Albreksten G, Heuch I, Tretli S, Kvåle G. Breast cancer incidence before age 55 in relation to parity and age first and last births: a prospective study of one million Norwegian women. Epidemiology 1994, 5, 604-611.
- Tarone RE. Age at first and last births and risk of breast cancer (Letter). Epidemiology 1995, 6, 465.

European Journal of Cancer Vol. 32A, No. 11, p. 2030, 1996 Copyright € 1996 Elsevier Science Ltd. All rights reserved Printed in Great Britain 0959-8049/96 \$15.00 + 0.00

PII: S0959-8049(96)00216-X

Response from C.-C. Hsieh, M. Lambe, A. Ekbom, H.-O. Adami, H.-W. Chan, and D. Trichopoulos

¹University of Massachusetts Cancer Center, 373 Plantation Street, Suite 202, Worcester, Massachusetts, U.S.A.; ²Department of Cancer Epidemiology, University Hospital, 751 85 Uppsala, Sweden; and ³Department of Epidemiology, Harvard School of Public Health, 677 Huntington Avenue, Boston, Massachusetts 02115, U.S.A.

WE AGREE with Maguire and Kalache that age at any pregnancy including the first and the last should be carefully studied because nature may be hiding an important clue about the origin of breast cancer in the complex way that successive pregnancies affect human physiology. At this stage, given a recent large population-based study from Sweden that has reported almost exact findings as ours [1], it cannot

be conclusively stated whether the data of Kalache and colleagues [2] or our data are out of line. However, cessation of protection against breast cancer by a pregnancy that occurs after a certain age (perhaps around 35 years) has been given an adequate explanation even in the earlier paper by MacMahon and associates [3]. Experimental evidence has also shown that the mammary gland is particularly vulnerable to carcinogenic stimuli between puberty and the first pregnancy [4]. Thus, in comparison to subsequent pregnancies, the first birth in a multiparous woman represents a more significant biological event as it determines the duration of this period of increased susceptibility.

Many of the issues raised by Maguire and Kalache have been addressed in a recent paper of ours [5], and we cannot but agree with them that there are complex statistical issues and biological considerations that defy simple answers. A conceptual concern that we have with the notion that the last pregnancy has an overwhelming effect is that, contrary to first pregnancy which would always be the first, every pregnancy is the last until a new one occurs. In other words, no single pregnancy can be identified as the last in a fertile woman until much later. Hence, while unique biological effects on the breast are likely to occur during a first pregnancy, they are unikely to occur during a last pregnancy. This duality requires that the effect of every pregnancy with respect to breast cancer risk should interact with time since that pregnancy, an issue that has only recently received attention [5-7].

- 1. Lambe M, Hsieh C-c, Chan H-w, Ekbom A, Trichopoulos D, Adami H-O. Parity, age at first and last birth, and risk of breast cancer: a population-based study in Sweden. *Breast Cancer Res Treat* 1996, **38**, 305–311.
- Kalache A, Maguire A, Thompson SG. Age at last full-term pregnancy and risk of breast cancer. *Lancet* 1993, 341, 33–36.
- 3. MacMahon B, Cole P, Lin TM, et al. Age at first birth and breast cancer risk. Bull WHO 1970, 43, 209-221.
- Russo J, Russo JH. Towards a physiological approach to breast cancer prevention. Cancer Epidemiol Biomark Prev 1994, 3, 353-364.
- Lambe M, Hsieh C-c, Trichopoulos D, Ekbom A, Pavia M, Adami H-O. Transient increase in the risk of breast cancer after giving birth. N Engl J Med 1994, 331, 5-9.
- Colditz GA, Frazier AL. Models of breast cancer show that risk is set by events of early life: prevention efforts must shift focus. Cancer Epidemiol Biomark Prev 1995, 4, 567–571.
- Hsieh C-c, Lan S-J. Assessment of postpartum time-dependent disease risk in case-control studies: an application for examining age-specific effect estimates. Stat Med 1996, 15, 1545– 1556.